



Family Sexual Health Education Lesson Package

\$197

2025 - 2026

An all-in-one solution for families to help deliver the information that our young people need. Video lessons and PDF resources for all ten topics are included.

Topics in this 8-part series include:

1. Private Body Parts (K-3)
2. Safe/Unsafe/Secret Touch (K-3)
3. Digestive/Reproductive Systems (Grade 2/3)
4. Consent (Grade 2-4)
5. Puberty (Grade 3-7)
6. Hygiene (Grade 3-7)
7. Relationships (Grade 7+)
8. Gender & Sexual Orientation (Grade 6+)
9. Sexting (Grade 6+)
10. Condom Demonstration (Grade 6+)

At Power Up Education we believe Sexual Health Education is NOT optional. We promise practical tools and key understandings to boost your confidence in teaching these topics.

