



High School Sexual Health Education Lesson Package

2025 - 2026

An all-in-one solution for high schools and school districts to help teachers deliver the curriculum that our young people need. Video lessons and PDF resources for all eight topics are included.

Topics in this 8-part series include:

1. Talking About Consent (Grade 8+)
2. Talking About Relationships (Grade 7+)
3. Talking About Gender and Sexual Orientation (Grade 6+)
4. Talking About Safer Sex (Grade 8+)
5. Talking About Sexting (Grade 6+)
6. Talking About Pornography (Grade 7+)
7. Talking About Sex Trafficking (Grade 7+)
8. Condom Demonstration (Grade 6+)

At Power Up Education we believe Sexual Health Education is NOT optional. We promise practical tools and key understandings to boost your confidence in teaching these topics.



High School Sexual Health Education Lesson Package

LEVEL I

\$897

8 video lessons
Handouts for each lesson
Further recommended resources
Beyond Puberty Workbook (PDF)

LEVEL II

\$1097

All Level I materials
1-hour Q&A with Kerri

Contact Kerri for payment options:

kerri@powerupeducation.com