



Sexual Health Education For K - Grade 7

2025 - 2026

An all-in-one solution for elementary schools and school districts to help teachers deliver the curriculum that our young people need. Video lessons and PDF resources for all ten topics are included. Topics in this 10-part series include:

1. Private Body Parts (K-3)
2. Safe/Unsafe/Secret Touch (K-3)
3. Digestive/Reproductive Systems (Grade 2/3)
4. Consent (Grade 2-4)
5. Puberty (Grade 3-7)
6. Hygiene (Grade 3-7)
7. Relationships (Grade 7+)
8. Gender & Sexual Orientation (Grade 6+)
9. Sexting (Grade 6+)
10. Condom Demonstration (Grade 6+)

At Power Up Education we believe Sexual Health Education is NOT optional. We promise practical tools and key understandings to boost your confidence in teaching these topics.



Sexual Health Education For K - Grade 7

LEVEL I

10 video lessons

12 Posters (K-3)

Handouts for each lesson

Further Recommended Resources
for each lesson

Body Smart workbook (PDF)

Puberty workbook (PDF)

\$1097

LEVEL II

All Level I materials

1-hour Q&A with Kerri

\$1297

Contact Kerri for payment options:

kerri@powerupeducation.com