



# Sexual Health Education For K - Grade 7

## NEW LESSONS FOR 2024 - 2025

An all-in-one solution for elementary schools and school districts to help teachers deliver the curriculum that our young people need. Video lessons and PDF resources for all ten topics are included.

Topics in this 10-part series include:

1. Private Body Parts (K-3)
2. Safe/Unsafe/Secret Touch (K-3)
3. Digestive/Reproductive Systems (Grade 2/3)
4. Consent (Grade 2-4)
5. Puberty (Grade 3-7) **NEW VIDEO**
6. Hygiene (Grade 3-7) **NEW VIDEO**
7. Relationships (Grade 7+)
8. Gender & Sexual Orientation (Grade 6+)
9. Sexting (Grade 6+) **NEW HANDOUT**
10. Condom Demonstration (Grade 6+)

**At Power Up Education we believe Sexual Health Education is NOT optional.**

**We promise practical tools and key understandings to boost your confidence in teaching these topics.**

