



## **Sexual Health Education For K - Grade 7**

An all-in-one solution for elementary schools and school districts to help teachers deliver the curriculum that our young people need. Video lessons and PDF resources for all eight topics are included.

Topics in this 8-part series include:

1. Private Body Parts (K-3)
2. Safe/Unsafe/Secret Touch (K-3)
3. Consent (Grade 2-4)
4. Puberty (Grade 3-7)
5. Hygiene (Grade 3-7)
6. Relationships (Grade 7+)
7. Gender & Sexual Orientation (Grade 6+)
8. Sexting (Grade 6+)

At Power Up Education we believe Sexual Health Education is NOT optional.

We promise practical tools and key understandings to boost your confidence in teaching these topics.

