



Family Sexual Health Education Lesson Package

\$197

2025 - 2026

An all-in-one solution for families to help deliver the information that our young people need. Video lessons and PDF resources for all ten topics are included.

Topics in this 10-part series include:

1. **Private Body Parts (K-3)**
2. **Safe/Unsafe/Secret Touch (K-3)**
3. **Digestive/Reproductive Systems (Grade 2/3)**
4. **Consent (Grade 2-4)**
5. **Puberty (Grade 3-7)**
6. **Hygiene (Grade 3-7)**
7. **Relationships (Grade 7+)**
8. **Gender & Sexual Orientation (Grade 6+)**
9. **Sexting (Grade 6+)**
10. **Condom Demonstration (Grade 6+)**

At Power Up Education we believe Sexual Health Education is NOT optional. We promise practical tools and key understandings to boost your confidence in teaching these topics.

