



High School Sexual Health Education Lesson Package

NEW LESSONS FOR 2024 - 2025

An all-in-one solution for high schools and school districts to help teachers deliver the curriculum that our young people need. Video lessons and PDF resources for all eight topics are included.

Topics in this 8-part series include:

1. Talking About Consent (Grade 8+) **UPDATED**
2. Talking About Relationships (Grade 7+) **UPDATED**
3. Talking About Gender & S.O. (Grade 6+) **UPDATED**
4. Talking About Safer Sex (Grade 8+) **NEW VIDEO**
5. Talking About Sexting (Grade 6+) **UPDATED**
6. Talking About Pornography (Grade 7+) **UPDATED**
7. Talking About Sex Trafficking (Grade 7+) **UPDATED**
8. Condom Demonstration (Grade 6+)

At Power Up Education we believe Sexual Health Education is NOT optional.

We promise practical tools and key understandings to boost your confidence in teaching these topics.

